

Honey Bee News Letter

～ Fruit Juice Honey Mango & Honey Version ～

Thank you for your continued support for
Sugi Bee Garden.

This News Letter will be regularly sent out with
product information and customer feedbacks
of Sugi Bee Garden.

We hope you find it useful.



Mango & Honey

(1) Alphonso Mango

Mango & Honey uses the juice of "Alphonso Mango", which is prized in global markets for its taste, fragrance and vibrant color, so called **king of mangoes**.

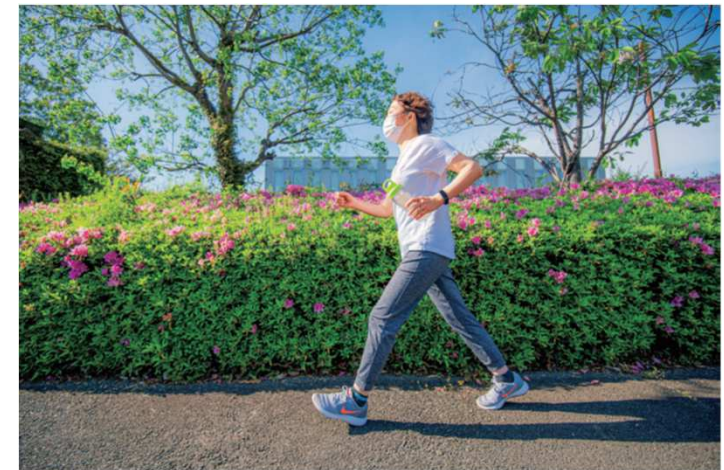
(2) Prevention of lifestyle diseases

Mango contains vitamin A, β carotene, vitamin C, potassium, folic acid, and other ingredients that are expected to be effective in **preventing lifestyle Diseases**.



(3) Hydration, potassium supplementation

Mango is considered to be a fruit suitable **for hydration and potassium supplementation**, and is ideal for preventing heat fatigue in combination with honey glucose, which has a fast energy conversion.



How to enjoy cool Mango & Honey!



Use milk or gelatin easily for a cool dessert.

Easy and healthy recipe using Mango & Honey ♪



Vinegar and Mango & Honey drink

◆Ingredients (for 1 serving)

- Mango & Honey 1 and 1/2 Table spoon
- Pure Honey Vinegar 1 Table spoon
- Carbonated water 150mL

◆How to Make

1. Mix Mango & Honey and Pure Honey Vinegar well.
2. Pour 1. in a chilled glass, add carbonated water, and mix gently so that the gas carbon dioxide does not run out.



(*1) Pure Honey Vinegar



Mango & Honey and Lemon & Honey Fruit Punch

◆Ingredients (for 1 serving)

- | | | | |
|---------------------------|-------------|------------------------|-------------|
| - Apple | 1/2 | - Lemon | as you like |
| - Kiwi fruit | 1 | - Mango & Honey [A] | 30mL |
| - Banana | 1 | - Lemon & Honey [A] | 30mL |
| - Canned mandarin oranges | 100g | - Carbonated water [A] | 300mL |
| - Canned cherries | as you like | | |

*Enjoy with your favorite fruit and Fruit Juice Infused Honey

◆ How to Make

1. Wash the apple and lemon well and chop them with the skin into quarter slices. Peel the kiwi and banana and cut into bite sized pieces.
2. Drain the juice and syrup from the canned oranges and cherries.
3. Add [A] to the bowl and mix, then add 1 and 2 and mix well.
4. Pour carbonated water and cool well to finish.